



Teresa Piontek

Actress & Filmmaker

German | playing range 25-35 | Berlin

170cm | light brown hair | green eyes | mezzo-soprano

German (native) | English (native level) |
Spanish (basics)

Northern German (original dialect) | Berlin Dialect

Education

- 2022-2023 – HE Certificate Screen Acting, Catalyst Institute (MARJON University Plymouth)

Other Training

- since 2023 – Vocal Coaching with Aileen Phoenix
- 2023 – Meisner and Camera Training, Actors Space Berlin
- 2023 – International Master Casting Workshop with Kimberly Graham, Berlin
- 2023 – Power-Workshop Dubbing, Dubbing Plus, Berlin
- 2021-2022 – Afterwork Acting, Schule für Schauspiel Hamburg (SfSH)
- 2015-2016 – Improvisational theatre, Georg-August-University Goettingen

Skills

- **Acting techniques:** Meisner**, Improvisation**, Stanislavsky*, Adler*
- **Instruments:** vocals**, guitar**, piano*
- **Sports:** horseback riding ***, swimming***, cycling**, canoeing*, sailing*, skiing*, standard dance*, badminton*, ice skating*
- **Other:** Teaching, driving, handling horses and dogs, first aid, screenplay writing

Filmography

Film and Series

- 2024 – Auf Leben und Tod (directed by Lisanne Marie Hadi), lead, short
- 2024 – How to Catch a Vampire (directed by Lena Dreide), Web series
- 2023 – Divine Touch (directed by Casper Wulff), short film
- 2023 – Through the Color of Blood (directed by Qusay Baz), short film
- 2022 – Jouska (directed by Dania Noor Tanovic), short film
- 2022 – Last Chance (directed by Itai Mildworth), short film

Theatre

- 2023 – Tusk Tusk (directed by Sebastian Matthias Weißbach)
- 2022 – Animal Farm (directed by Christiane Leuchtman and Julián Tejada)

Production

- 2024 – Filth(y) (directed by Mae Sass), short film
- 2024 – A nook of one's bliss (directed by Sonia Kharitoniouk), short film
- 2024 – Now that my dog is dead (directed by Lior Klein), short film

Screenplay

- 2024 – Between Worlds, feature film
- 2024 – Auf Leben und Tod, short film